



2018



Carers' Information Sessions

Do you support / care for someone with a diagnosis of Dementia?

You are invited to join any of the following sessions for information, advice and support, on the 2nd Friday of the month, from 1:30 – 3pm at Age UK Tameside, Katherine St, Ashton-under-Lyne, OL6 7AW

12 th January	Understanding Changes in Behaviour - Strategies for coping
9 th February	Communication - Understanding language changes experienced by the person with dementia - tips and advice
9 th March	Therapeutic Activities - Sharing ideas on how to maintain plan and organise activities
13 th April	Legal Matters - What is Mental Capacity? What is Power of Attorney?
11 th May	Legal Matters – Carers' Rights.
8 th June	Dementia – How it affects the person, What to Expect
13 th July	Delirium - Understanding the causes and impact on a person with dementia.
10 th August	Practical Matters – a talk by Carers' Centre and Community Response Team
14 th September	Understanding Changes in Behaviour – Strategies for coping
12 th October	Communication - Understanding language changes experienced by the person with dementia - tips and advice
9 th November	Therapeutic Activities - Sharing ideas on how to maintain plan and organise activities

Can I bring the person I support along with me? Yes, from 1.45pm - 3pm while you attend the information session there will be an organised activity for the person you support at a **cost of £5**. You can pay on the day but please call Muriel Stretton at Age UK Tameside on 0161 308 5000 to book a place. If this is your **first** attendance at our Carer Information Group **it is essential that you contact Muriel beforehand**

1:30pm - 1.45pm

Tea, coffee and chat for all,

1.45pm - 3pm

Carers' Information Session or activity Session for the person you care for

If you want further information about the Information Sessions please call 0161 716 3449



