

A member of the Community Mental Health Team will be supporting drop-in sessions at The Anthony Seddon Centre, 12 George Street, Ashton-Under-Lyne

Drop-ins are on the following days and times:

- Monday 12-4pm
- Tuesday 12-4pm
- Thursday 12-4pm
- Friday 12-4pm

We provide additional support in the community for those who are worried about their mental health or experiencing mental health distress.

Call 0161 376 4439 for more info