

Dementia Wellbeing Group 2018

If you are affected by dementia join us on Tuesday from 1pm - 3pm

We will shortly be moving venue from Age UK Tameside to St Ann's Church, Ashton. Sometimes our activities take us out and about so call to check where we are so you don't miss out.



May 8th	Sing-along with Ged
May 15th	Hanging Basket Demo at Daisy Nook Garden Centre
May 22nd	Dementia Action Week event at Portland Basin
May 29th	Plant a pot/hanging basket
June 5th	Holistic Therapies & Quiz
June 12th	Crown Green Bowling call for more information
June 19th	Great Group Bake-Off
June 26th	Music & Movement



If you want to have some fun and an opportunity to spend time with others who are living with dementia or caring for someone who is, join us at the Dementia Wellbeing Group.

If you want to find out more about the Dementia Wellbeing group or support available from Age UK Tameside for people affected by dementia call Muriel Stretton on 0161 308 5000 or 07833 431 894.



Alternatively you can email strettonm@ageuktameside.com