

# **ARE YOU OK?**

**35,000 men a year  
are diagnosed as having  
PROSTATE CANCER**

**If you have disturbed nights by needing to go to the loo  
If you have difficulty starting  
If the flow is weak, just a dribble, or  
If you have more to come when you have stopped,**

**Even with these symptoms –**

**You may not have prostate cancer**

**But when 10,000 men a year die from prostate cancer  
through not getting diagnosed early enough**

**Don't take the risk.**

**Don't ignore the symptoms.**

**SEE YOUR DOCTOR**

**PLAY SAFE,**

**CHECK IT OUT**

**Please help to raise awareness in others,  
See [www.prostatecancercheckitout.me.uk](http://www.prostatecancercheckitout.me.uk) for more information**